SIXTH FORM STUDY TIMETABLE

Crucial to the success of any sixth form student is the ability to manage your time. Some find this easier than others.

It is most important that you keep fit and healthy and continue to participate in a range of activities both within and outside school. No one is expecting you to work all the time, but to be able to really enjoy your 'time off' you need to be organised about when you are going to get things done. School is open from 07.30-18.00 so try arriving early or staying late on at least one occasion each week.

I would suggest that you populate this grid with your timetabled lessons and then try to identify when you are going to complete independent study and identify what you are going to prioritise in each session. Research suggests that splitting an hour between two different activities/subjects might work better than an hour on just one.

You should be looking to complete at least five hours of independent study each week for each subject. This should include IS tasks and revision, reading forward and looking back.

	07.40-08.40	08.50-09.50 1	09.50-10.50 2	11.10-12.10 3	13.20-14.20 4	14.20-15.20 5	15.30-16.30	16.30-17.30	19.30-20.30	20.30-21.30
MON		-								
TUE										
WED										
THURS										
FRI										
SAT										
SUN										